



Leave a Lasting Personal Legacy

Questions to Ask

- ◆ How do I wish to be remembered by those I love?
- ◆ What kind of an impact do I want to have on my community?
- ◆ What contributions do I want to make to my field of study or profession?
- ◆ What lessons would I like to pass on to future generations?
- ◆ How will the world be better because I was in it?

10 Ways to Take Action

1. Plant a perennial garden that will return year after year.
2. Write a memoir or start a blog that shares your words of wisdom.
3. Pass along an heirloom and include a story about what it means to you.
4. Write down and share all of your favorite family recipes.
5. Mentor someone who would benefit from your knowledge.
6. Endow a scholarship for future students in your field.
7. Send thank you letters to close friends and anyone who impacted your life.
8. Volunteer your time to a non-profit you love and care about.
9. Record video messages on your phone for each member of your family.
10. Simply share a smile, because people will always remember how you made them feel.